

# Silver Threads

Apostolic Christian Home of Eureka

October / November 2018

## Holidays & Celebrations



*Thanks*



*Giving*



# Employee News

## JOB OPPORTUNITIES

### **RN/LPN**

#### **Bonus Available!**

Full-Time/Part Time 3<sup>rd</sup> Shift  
Includes every other weekend & holiday

### **CNA's**

All Shifts  
Includes every other weekend & holiday

### **Laundry**

Laundry Aide Part Time 1<sup>st</sup> shift  
Includes every other weekend & holiday

### **Dietary**

Assistant Satellite Cook Part Time 1<sup>st</sup>  
Includes every other weekend & holiday

### **Activities**

Activity Aide Part Time 2<sup>nd</sup> Shift  
Includes every other weekend & holiday

### **Heiterland**

Activity Aide Full Time 1<sup>st</sup> shift  
Includes every other weekend & holiday

### **Housekeeping**

Full Time 1<sup>st</sup> shift

We offer competitive wages  
and excellent benefits.  
Come see what sets our Home apart  
as the  
"Employer of Choice"  
in this area.

We invite you to apply in person,  
visit our website at  
[www.each.org](http://www.each.org)  
or give Becky Kuras  
in Human Resources  
a call at (309) 467-2311 ext. 140

## NEW EMPLOYEES

We've added a few new faces around here! Help us welcome our new employees as we look forward to working with them. We hope they will feel right at home here!

### **Dietary**

Tyler Marsh  
Noah Burgess  
Emma Fosdyck  
Griffin Punke

### **Activities**

Jo Ellen Martin  
Jana Baer

### **CNA**

Mackenzie Fuller  
Jennifer Wagner

### **LPNs**

Sara Hoyle  
Jennifer Novotny

### **Assistant Administrator**

Kevin Schrock



Mark Moser and Bruce North  
enjoy a burger and brat at the  
Independent Living Units Cookout  
in October after getting things set up  
and doing the grilling for the event.

# Holidays

Amy Strubhar, Director of Dining Services

Holidays are a joyous time of year! We just celebrated Thanksgiving, a time in which everyone counts their blessings, both big and small! We recently had our Thanksgiving meal and we were so happy to have a full house of residents, guests, staff, and volunteers here! We hope everyone enjoyed their meal this year!

The Christmas season is full of God's faithfulness, His promises, and His redeeming love. John 3:16 says "For God so loved the world that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life." This verse relays the beautiful and Holy gift our Father gave us; this is the greatest gift to humankind. May we take time this Holiday season to reflect on His goodness and just how incredible His love is for us to have given up His only Son.

We are looking forward to our Christmas meal which will take place on December 21<sup>st</sup>!

If you are planning to come, please make your reservation  
with Sue Zachary at 309-467-2311 before December 10<sup>th</sup>

Each resident is welcome to have up to two guests until we reach 100 reservations.

## Chocolate Peppermint Cheesecake

3 8-oz blocks cream cheese, softened  
1 c. sugar  
2 large eggs  
1/4 c. sour cream  
1 1/2 tbsp. flour  
1 tsp. peppermint extract  
1 tsp. vanilla extract  
1/4 tsp. kosher salt  
1/2 c. chopped chocolate, plus more for garnish  
1/2 c. chopped white chocolate, plus more for garnish  
1/2 c. chopped candy canes, plus more for garnish

### For the Oreo Crust

24 Peppermint Oreos  
5 tbsp. melted butter

### For the Chocolate Ganache

3/4 c. hot heavy cream  
1 1/2 c. semisweet chocolate chips

Preheat oven to 350° and spray a 9" spring form pan with cooking spray.. Make filling: In a large bowl using a hand mixer or in a stand mixer using the paddle attachment, beat cream cheese and sugar. Add eggs, one at a time, sour cream, flour, peppermint extract, vanilla, and salt. Gently fold in chopped chocolates and candy canes and set aside. Make crust: In a food processor fitted with a metal blade or in a large Ziploc bag, crush Oreos into fine crumbs. Stir with melted butter until completely moist. Add crust to prepared pan and pack tightly.

Pour filling over crust and place pan on a rimmed baking sheet. Bake until center is only slightly jiggly, about 1 hour. Turn off oven and let cheesecake cool in oven 1 hour. Refrigerate cheesecake until completely chilled, at least 4 hours but preferably overnight. Before serving, make chocolate ganache: Pour hot cream over chocolate chips and let sit, 5 minutes. Stir until all chocolate is melted. (If ganache seems too thin, refrigerate 5 minutes.) Spread ganache over chilled cheesecake and garnish with more chopped chocolate and candy canes. Refrigerate 10 minutes before serving to let ganache harden.





## **Tom Hoffman, Administrator**



**O give thanks unto the LORD; for he is good;  
for his mercy endureth forever. I Chron. 16:34**

As we gathered together for our benefit dinner we recognized that we had so many reasons to give God thanks. We are thankful for the lives of our residents. We are thankful that, even though this mortal body deteriorates, the Lord's mercy continues to endure in the lives of our residents as they cope with their changing conditions. We are thankful for staff whose hearts are moved to serve in our home, caring and loving our residents. We are thankful for families for their confidence in entrusting their loved one to us to care for and who show their love and appreciation to the staff who are serving their family member. We are thankful for those who are willing to serve on our Board of Directors, giving of their time, energy, and talents to provide leadership for our Home. We are thankful for the multitude of volunteers who give of their time to make our resident's days more enriched. We are thankful for each of you who help to support the Home and our mission. And most of all we are thankful to God for His incredible love that He has shown us in redeeming us and who blesses our efforts so abundantly.

Let's celebrate together in giving thanks unto the Lord...  
..for surely He is good!



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### **Apostolic Christian Home of Eureka**

Cordially Invites You to a  
**RETIREMENT OPEN HOUSE**  
in Honor of  
**TOM HOFFMAN**

Friday, December 14, 2018  
1:30 pm – 5:30 pm  
In the Front Living Room of the Home



# Nursing Home News

## Admissions

We welcome the following residents and hope they feel at home here.

October 11	Lydia Kennell	November 5	Don Tate	November 26	Robert Poehlman
October 25	Verna Hartter	November 15	Margaret Peak		

## Discharges

We miss these residents but are glad they were able to return home.

October 8	Jane Schumacher	November 12	Ann Viano
October 10	Robert Gingerich	November 14	Richard Sanders
October 11	Judy Bohn	November 20	Allan Getz

## Deaths

We miss each resident who end their earthly journey and pray that the Lord may comfort their families and friends.

October 8	Clara Huber	November 10	David Ehnle
October 30	Sharon Wykoff	November 25	Ethel Eichhorst

## Upcoming Events

### December

Goodfield Church will have Sunday Morning Worship Services.

Washington Church will hold a Tue. Church service, at 1 pm December 11

There will be no Friday evening service in December

Family Night will be Thursday, December 6 at 6:30 pm

Festival of Lights Trip will be on December 11 at 6 pm

The Resident Christmas Dinner Party will be at Noon Friday, Dec. 21<sup>st</sup>

Each resident can have up to two guests until we reach 100 guests

If you would like to eat with your loved one, please make your reservation with Sue Zachary at 309-467-2311 before Dec. 10<sup>th</sup>

Tickets are \$8 per guest

### January

Washington Church will have Sunday Morning Worship Services.

Congerville Church will hold a Tue. Church service, at 1 PM on January 8<sup>th</sup>

There will be a Friday evening service January 25<sup>th</sup> with Roanoke Church

Family Night will be Thursday, January 3<sup>rd</sup> at 6:30 pm

## Birthdays!

### December

7	Norma Ahrens
10	Calvin Hartter
12	Ethel Schmidtgall
17	Doris Reinkensmeyer
18	Audrey Ehnle
20	Marjorie Hoffman
21	Elizabeth Blunier
23	Jack Smith
23	Margaret Volk

### January

2	Marvin Schmidgall
4	Edna Simon
5	Mary Dodson
6	Betty Miller
8	Allene Steffen
9	Dolores Stange
14	Paul Nenadov
17	Edward Diggle
23	Bette Keyser
28	Roseanne Reid
28	Bessie Bates



### Everyone enjoys receiving cards!

To send a card to a resident,  
Address it to them and send it to:  
Apostolic Christian Home of Eureka  
P.O. Box 128, Eureka, Illinois 61530



**Holly Bauman,  
Director of Nursing**



The holidays are here and we will soon be facing many days of wintry weather. The following are some tips to keep your body healthy through the winter months and all year long.

1. Hydrate – Remember to drink plenty of water to keep your body hydrated and healthy in the cold, dry winter months. Moisturize your skin generously and often to avoid dryness and cracking.
2. Wash your hands thoroughly and often – This will ward off germs and help you avoid germs that can cause illness.
3. Eat a well-balanced diet – This boosts your immune system to help your body fight illness.
4. Practice good sleep hygiene and get plenty of good sleep.
5. Dress appropriately when going out doors – Bundle up when the temperatures are cold.
6. Exercise regularly – Get plenty of exercise. When the weather is too cold, choose indoor alternatives.
7. Take some “me” time. – Be sure to reserve some time for rest and relaxation in this busy time of year.

I hope you all have a blessed and healthy holiday season and enjoy your time with family and friends.

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*“Winter is the time for comfort,  
for good food and warmth;  
for the touch of a friendly hand  
and for a talk beside the fire;  
it is the time for home.”*

Edith Sitwell



Apostolic Christian Home  
Condo Residents' Handmade Rugs

Are on display at the  
West Entrance  
and available for  
purchase

Please Contact Ji  
Rinder



## Courtney Daniel, Heiterland Coordinator

The holiday season is a time filled with many traditions and celebrations. In Heiterland, we try to incorporate some of those traditions such as baking cookies, decorating the unit with handmade and traditional Christmas decorations, singing Christmas Carols, enjoying a delicious Thanksgiving and Christmas Dinner, watching Christmas movies, and much more! This time can be difficult for individuals with Dementia, as well as their family members because Holidays may now be celebrated differently and may be more stressful for both parties. Here are some suggestions on ways to celebrate this holiday season with your loved one, without the feeling of stress or guilt.

- Think about participating in any holiday parties or activities that are planned in the facility. This could become a new tradition with your loved one.
- If you plan on taking your loved one on an outing, make sure the timing is right. You know your loved one. If they typically experience sun downing in the late afternoon, I suggest taking your loved one out in the morning to early afternoon.
- If the celebration must happen during the evening hours, keep the space full of light and let your loved one get rest if he/she is showing signs of fatigue.
- Stick with the familiar. Try to allow your loved one with Dementia to stick to a normal routine as much as possible. Incorporate familiar holiday traditions such as singing favorite songs, looking through photo albums, and eating familiar holiday recipes. This is a great way for your loved one to tap into seasonal joy and bring back fond memories!

I wish you all a happy Thanksgiving and a Very Merry Christmas. If you find yourself struggling this holiday season, do not be afraid to reach out to me, Courtney Daniel, HL Coordinator. I am here for you, and I want you to have the best experience that you can while spending the holiday season with your loved one in Heiterland.

Our memory support group will return on January 17<sup>th</sup>, 2019 at 6:00pm.

God Bless!



Terry and Mary Margaret Klaus at HL Chili Cook-off



Brownie Schramm decorating pinecones



Lydia Kennell and Lisa Darche enjoying some Halloween fun

# Serving in October and November

AC Faith Singers  
 Baer, Dee  
 Baer, George  
 Banwart, Arlene  
 Banwart, Joel  
 Bell, Joanne  
 Blunier Deb + Daryl  
 Blunier, Donna  
 Blunier, Eddis  
 Blunier Luann  
 Blunier, Olivia  
 Blunier, Susie, Tylin, Lucia +  
 Melody  
 Bond, Carl  
 Bortlein, Jeanne  
 Byrne, John  
 Chally, Tim  
 Congerville Church  
 CGRE Faith Singers  
 Congerville Singers  
 Cottrell, Gloria  
 Craig, Sara  
 Crawford, Suzanne  
 Davis, Molly  
 Delta Delta Pi Eureka College  
 Dixon, Jan  
 Dotterer, John  
 Eureka Church  
 Fehr, Doris  
 Folkerts, Linda  
 Frank, Elaine + Bailey  
 Fritz, Ed + Barb  
 Gerber, Clara  
 Gerdes, Craig  
 Gerst, Bonnie

Goodfield Church  
 Gridley Church, Harvey  
 Kaeb  
 Goodfield Grade School  
 Goodfield Singers  
 Gridley Church Byron  
 Stoller  
 Gudeman, Jill  
 Hangartner, Donna  
 Hart, Terry  
 Heinold, Dan  
 Heinold, Marshall + Jan  
 Hemmer, Chuck  
 Hinrichsen, Amy, Rylen,  
 + Kaylen  
 Hinrichsen, Jan  
 Hinrichsen, Mark + Sue  
 Hodel, Janet  
 Hodel, Steve  
 Hoerr, Ryan  
 Hofstetter, Ann  
 Kaupp, Marvin + Annette  
 Kellenberger, Ruth  
 Keiser, Jennifer  
 Knapp, Fern  
 Knapp, Fritz  
 Knapp, Linda  
 Knecht, Ed + Judie  
 Knecht, Ervin  
 Knecht, Helen  
 Knobloch, Linda  
 Leman, Dort  
 Leman, Gail  
 Leman, Kathy  
 Leman, Mike  
 Leman, Miranda

Leman, Ruth  
 Lewis, Brenda  
 Lowpoint-Washburn Ntl  
 Honor Society, Stacey  
 Nauman and Students  
 Luthi-Cox, Shirley  
 McClure, Rachel , Sadie,  
 Silas, Emrie, Penny  
 Metamora Christian Union  
 Church Youth Group  
 Metzger, Kayla, Dannon,  
 Clairra  
 Miller, Larry + Kathleen  
 Mogler, Randy  
 Mullins, Sherry  
 O'Hanlon, Wendy  
 Pfaffmann, Amber, Weston  
 Pfaffmann, Olivia, Titus +  
 Henry  
 Plattner, Janis  
 Plattner, Pat  
 Princeville Church  
 Rassi, Curt  
 Rednour, Julianne  
 Ringger, Jim  
 Rinkenberger, Glenna  
 Rinkenberger, Peg  
 Roanoke Church, Matt  
 Feucht  
 Roche, Beth  
 Roth, Tammy  
 Roth, Derek, Joy + family  
 Russmann, Terry Lee  
 Saathoff, George  
 Schmidgall, Dianne  
 Schrock, Janet

Schumacher, Jane  
 Schumacher, Lavonne  
 Schwenk, Myrna  
 Second Grade Readers  
 Stalter, Karen  
 Steffen Kent  
 Steffen, Beth, + Emily  
 Steiner, Marie  
 Stoller, Amanda  
 Stoller, Cindy  
 Stoller, Lola  
 Stoller, Lloyd  
 Stoller, Jane  
 Stoller, Kay  
 Violin Music  
 Virkler, Carolyn  
 Virkler, Dennis  
 Virkler, Gayle  
 Walder, Carla  
 Walder, Gloria  
 Washington Church  
 Wettstein, Heidi  
 Wiegand, Deb  
 Wiegand, Dietz  
 Wiegand, Rosemary  
 Wiegand, Sandy  
 Wiegand, Verla  
 Wieland, Suzanne  
 Williamson, Doris  
 Wyss, Roy + Shirley  
 Young Singers  
 Zachary, Alan  
 Zeltwanger, Rhonda  
 Zimmerman, Ben  
 Zimmerman, Cheryl  
 Zimmerman, Elsie  
 Zimmerman, Gretchen  
 Zimmerman, Janet  
 Zimmerman, Kathy  
 Zimmerman, Sara  
 Zobrist, LuAnn + Rebecca

## NEEDED

### Volunteer Assistant to help with Bus Outings

Wednesdays from 9-11am for

#### Local Errands

#### with Independent Living Unit Residents

Will help with holding doors, carrying packages,  
 and help residents on and off the bus.

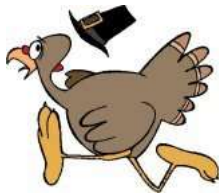
**Please Call Wendy Falk, Volunteer Coordinator  
 at 309-467-2311**



### Board Members

Daryl Blunier  
 Dan Heinold  
 Randy Kellenberger  
 Steve Knapp  
 Ben Zimmerman  
 Ed Leman  
 Merle Roche  
 Ed Wiegand





# Thanksgiving Holiday Trivia

Kevin Singletary, Social Service Director

Now that we have passed Thanksgiving I thought you might be interested in some Thanksgiving trivia. Did you know:

- Thanksgiving is the reason for TV dinners! In 1953, a worker at Swanson ordered too many frozen turkeys, 260 tons extra to be exact that a salesman, Jerry Thomas, told them they should package it onto aluminum trays. Taking inspiration from airplane meals, Thomas ordered 5,000 aluminum trays and loaded them with the turkey leftovers to create the first TV dinner. After an assembly line of women scooped turkey, corn-bread dressing, peas, and sweet potatoes onto the trays, the TV dinner was born!
- Thanksgiving was almost a fast — not a feast! The early settlers gave thanks by praying and abstaining from food, which is what they planned on doing to celebrate their first harvest, that is, until the Wampanoag Indians joined them and (lucky for us!) turned their fast into a three-day feast!
- Benjamin Franklin wanted the turkey to be the national bird, not the eagle.
- Americans eat 46 million turkeys each Thanksgiving.
- Neil Armstrong and Buzz Aldrin's first meal in space after walking on the moon was foil packets with roasted turkey.
- The heaviest turkey on record, according to the Guinness Book of Records, weighs 86 pounds. The average turkey for Thanksgiving weighs 15 pounds.
- Female turkeys (called hens) do not gobble. Only male turkeys gobble.
- Campbell's soup created green bean casserole for an annual cookbook 50 years ago. It now sells \$20 million worth of cream of mushroom soup. (The lady credited with developing the recipe recently passed away).
- The Macy's Thanksgiving Day Parade began in 1924 with 400 employees marching from Convent Ave to 145th street in New York City. No large balloons were at this parade, as it featured only live animals from Central Park Zoo and was called the Macy's Christmas Parade. Giant balloons debuted a few years later, in 1927, with Felix the Cat among the very first and the name of the parade changed to Macy's Thanksgiving Day parade. Today, some 3 million people attend the annual parade and another 44 million watch it on television.

# Celebrations



## *Celebrating 100 Year Birthdays in 2018*

Top left: Eleanor Baer (in the middle) Oct. 12

Center: Bena Mae Roche July 15

Top right: Margaret Volk (on right) Dec. 23

Bottom left: Mary Graack (left) May 9 and  
Dorothy Ginzel (right) May 18



**Having fun with the  
1<sup>st</sup> Graders from  
Davenport Grade  
School during their  
Costume Parade**



**Celebrating our Veterans  
with a special music program  
By the**

*Gibson Girls*





# Celebrating our Blessings with **THANKSGIVING**



Left: Rose Huette and  
her friend Kris

Right: Liz Blunier with her  
daughter & daughter in law

Center: School Children  
from Congerville &  
Goodfield Grade Schools



Left: Volunteer Jill Gudeman

Right: Bessie Bates and a  
good friend at the  
Thanksgiving Dinner

Below: Rose Robbins and  
her daughter



LuAnn Knapp with Sue Zachary at  
the Thanksgiving Dinner

Apostolic Christian Home of Eureka  
P.O. Box 128  
Eureka, IL. 61530  
ADDRESS CORRECTION REQUESTED

A VERY MERRY  
**CHRISTMAS**  
and Happy New Year!

*From Our Home to Yours*